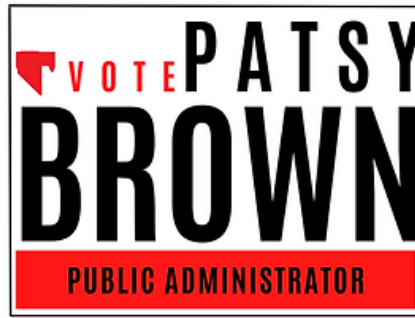


## Legacy Preparation Program

www.LegacyPrepPro.com



The Legacy Preparation Program safeguards property from government seizure and probate court. The Program also provides estate planning paperwork, document preparation, notarization, and registration. All services are supervised by a lawyer and provided by a licensed document preparer. The program is available to the entire community at no cost thanks to sponsorship by Patsy Brown and the Armed Forces Chamber.

### Do-Not-Resuscitate Order (DNR)

A do-not-resuscitate order, or DNR order, instructs health care providers not to do cardiopulmonary resuscitation (CPR) if a patient's breathing stops or if the patient's heart stops beating. Ideally, a DNR order is created, or set up, before an emergency occurs. A DNR order allows you to choose whether you want CPR in an emergency.

CPR is the treatment you receive when your blood flow or breathing stops. It may involve:

- Simple efforts such as mouth-to-mouth breathing and pressing on the chest
- Electric shock to restart the heart
- Breathing tubes to open the airway
- Medicines
- Making the Decision

If you are near the end of your life or have an illness that will not improve, you can choose whether you want CPR to be done.

If you do want to receive CPR, you do not have to do anything.

If you do not want CPR, then you can state your wishes in a written DNR order.

This is provided for informational purposes only. Consult your health care professional.

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